

ABSTRACT

The invention relates to a recessed lighting fixture comprising a holder for fixing a mounting surface, in particular in a room ceiling consisting of an illuminant holder and a reflector. The holder and the reflector are disposed with respect to each other in such a way that the reflector extends in the direction of a main lighting beyond the mounting surface when the recessed lighting is fixed thereto. In said area extending beyond the mounting surface, the reflector is connected to a reflective element which is vertically or angularly oriented with respect to the direction of the main lighting and is disposed outside of the reflector for receiving the light in the area between the mounting surface and the reflective element.